Schedule Beginning 1/2023

Amy ‘Ames’ Freer

Monday Office Noon-1pm, 2-8pm

Tuesday Telehealth 10am-1pm, 3-6pm, Free Initial Consults 9-10am

Wednesday Office 11am-1pm, 2-730pm

Thursday Telehealth 10am-1pm, 2-5pm

Friday Office 9am-1pm

Saturday Office NOT Working

Sunday Office Closed

Office = In Person Sessions

Telehealth = Only Telehealth Sessions these days

Schedule is subject to change

Self Pay & INSURANCE Accepted:

AETNA

Providence

PacificSource Commercial

BCBS

OHP (HealthShare, Trillium, PacificSource)

Wellspring EAP