

Resources

Crisis Lines

Suicide Prevention Hotline 1-800-273-8255

Text Crisis Line Text 741-741

Multnomah County Crisis Line 503-988-4888

Psychiatric Crisis Line Salem 503-585-4949

Washington County Crisis Line 503-291-9111

Clackamas County Crisis Line 503-655-8585

Vancouver WA Crisis Line 560-696-9650

Walk-In Crisis Centers

Hawthorne Crisis Center – Washington County location

<https://www.co.washington.or.us/HHS/MentalHealth/GettingHelp/Hawthorn/index.cfm>

Domestic Violence Resources

Call to Safety

<https://calltosafety.org>

Domestic Violence Resource Center

<http://www.dvrc-or.org>

Gateway Center

<http://www.gatewaydvcenter.org>

Books

An Unquiet Mind (Bipolar Disorder)

https://www.amazon.com/s/ref=nb_sb_noss?url=search-alias%3Dstripbooks&field-keywords=an+unquiet+mind

Legal Resources

Oregon Law Help

<http://oregonlawhelp.org>

Legal Aid

<https://www.osbar.org/public/ris/LowCostLegalHelp/LegalAid.html>

St. Andrew's Legal Clinic

<http://www.salcgroup.org>

Modest Means Legal Aid Program

<https://www.osbar.org/docs/public/diy/modestmeansapp.pdf>

LGBTQ Resources

Q Center

<http://www.pdxqcenter.org>

Portland LGBTQ Resource List

<https://www.travelportland.com/article/lgbt-resources/>

LGBTQ City of Portland

<https://www.portlandoregon.gov/71350>

Hospitals

Oregon State Hospital

<http://www.oregon.gov/oha/osh/pages/index.aspx>

St. Vincent's Hospital

<http://oregon.providence.org/location-directory/p/providence-st-vincent-medical-center/>

Legacy Emanuel Portland

<http://www.legacyhealth.org/locations/hospitals/legacy-emanuel-medical-center.aspx>

Legacy Good Samaritan Portland

<http://www.legacyhealth.org/locations/hospitals/legacy-good-samaritan-medical-center.aspx>

OHSU

<http://www.ohsu.edu/xd/health/ohsu-near-you/portland/marquam-hill/ohsu-hospital.cfm>

Providence Hospital Portland

<http://oregon.providence.org/location-directory/p/providence-portland-medical-center/>

Veteran's Hospital

<http://www.portland.va.gov>

Peace Health Washington

<https://www.peacehealth.org/southwest-medical-center>

Cedar Hills Hospital

<http://cedarhillshospital.com>

