

Psychology & Wellness Group PDX Fee List 2023

Service by Therapist	Time	Price	Self Pay	Insurance
Individual Therapy	50 -55 minutes	\$160 Associates, \$180 Licensed, \$200 Licensed & Owner of Practice	Yes	Yes
Family Therapy	50 -55 minutes	\$160 Associates, \$180 Licensed, \$200 Licensed & Owner of Practice	Yes	Yes
Couples Therapy	50 -55 minutes	\$160 Associates, \$180 Licensed, \$200 Licensed & Owner of Practice	Yes	Not Always Covered Will Attempt to use Benefits
Group Therapy	90 minutes	\$50	Yes	Not Always Covered Will Attempt to use Benefits
Intake (initial assessment)	60 minutes	\$225	Yes	Yes

Paperwork & Case Management	15 minutes	\$40 per 15 minutes	Yes	Not Always Covered Will Attempt to use Benefits
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Other Services	Service	Price	Self Pay	Insurance
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Admin Fees	1 x Monthly	\$10	Yes	No
Court Fees	Per Appearance	\$1500	Yes	No
Letters	15 minutes	\$35	Yes	No
Consultation w/ Stephanie	15 minutes	\$50	Yes	No
Late Cancel No Show Fee < 24 hrs. See Policy for OHP in paperwork.	-	\$160	Yes	No
Brief Messaging < few minutes	No Charge unless significant amount of time for same day messaging. Time will then be bundled and charged	\$160	Yes	Yes

PMHNP Psychiatrist	Service	Price	Self Pay	Insurance
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TBD when available				
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Wellness Staff	Name	Phone	Website	Email
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TBD when available				
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