Treatment Areas

Here are some of the areas I work with however this is not an exhaustive list.

- Anxiety Disorders
- Asperger's / ASD
- Bipolar Disorder, Depression, Mood Disorders
- Crisis Management
- Chronic mental health
- Divorce / Separation issues
- Domestic violence
- Effects of Emotional abuse / Emotional Manipulation
- Life actualization / balance
- Gender identity issues
- Personality Disorders
- PTSD and Trauma
- Relational and family issues
- Sexual and physical abuse
- Stress management
- Self-harm / Suicidality

Populations

- Adolescents 15 years and up
- Adults
- Groups
- Families
- Male, Female, LQBTQ

I don't see couples for therapy. I don't see children for therapy.

Professional Disclosure Statement is included with the initial paperwork.